

Holidays Homework (2023)

## Summer Break 22-05-2023 to 01-07-2023

## **CLASS- PRE-PRIMARY**



Summertime, summertime Let's go out & play Time for fun & lots of sun I love these kind of days. Summer time, summer time, Swimming to stay cool Pillow fights & late night bites, An awesome break from school.

Dear Parent

We wish you and your child a very happy summer holidays .It's time to enjoy and create a bond with family, friends and relatives. To utilize this time in the most constructive way we have prepared Holidays Homework for the students on the principle of 'learning by doing' for his /her holistic development. So here we start.....

### 1) Morning Blessings

Help your child to inculcate good habits like chanting "Gayatri mantra" and encourage him/her to wish all elders in the morning. If possible, visit a temple or any other religious place of your choice.

#### 2) Physical Development



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- Take the child with you for morning/evening walk.
- Play different games like hide and seek, football, ludo, chess, snakes and ladders, carrom board etc. with your child. This will encourage them to express freely and will make them more responsible.

## 3) <u>Health and Hygiene</u>

"Healthy mind resides in a healthy body." So start your day early and set a routine even during vacation. In addition, you and your little one can spend some quality time playing, cycling, swimming to keep yourself fit and healthy. Encourage your child to take care of personal hygiene by inculcating the habits like washing hands, practicing yoga, eating healthy food etc.

#### 4) Social and Emotional Development

- Tell the child about your childhood, share incidents from the past and show him/her old family albums. This will strengthen the bond between you and your child.
- Cook dinner together, show your child how to measure 1 cup, 1/2 cup, 1 teaspoon etc. Start naming the food groups when you serve them.
- Let your child help in household chores like cleaning windows, filling water bottles, laying table, arranging toys, watering the plants etc.

#### 4) Language Development



- Encourage your child to converse in English.
- Kindly encourage your child to learn following rhymes with actions:
  - (1) Hop a little
  - (2) Be careful little eyes
  - (3) Put your right hand in
  - (4) Found a peanut

(5) Farmer sows the seed(6) शाहबाद की गुड़िया

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- (7) मैं एक छोटी सी कठ्पुतली
- Motivate your child to read "a" vowel words from "My English Book.
- Please help your child to learn 10 lines on "Myself".
- Encourage your child to learn Vyanjan geet.
- Please motivate your child to do 10 dictation of all the words done so far in English in 3 in 1 note book.
- Kindly guide your child to write Hindi letters ( क रो ण ) in sequence in 3 in 1 note book (5 times).

#### <u>6)The only way to learn Mathematics is to do Mathematics</u>

- Simple tasks could be assigned such as counting and getting objects from the refrigerator or the dining table, counting the trees and collecting the leaves while morning and evening walk.
- Please encourage your child to do practice of "After and 'Before" numbers (0 to 10) in 3in 1 note book (5 times each)
- Draw your house in A-4 size sheet. Count how many rooms, doors, windows, tables, chairs, fans, tube lights, televisions are there, write the numbers along with their pictures. Do not forget to colour your lovely house.

#### 7) <u>Puzzles give brain a fun work out</u>

Daily puzzles could also be solved to improve thinking skills. **Spot the difference**, **connect the dots**, **mazes**, **crosswords**, are few. These could be found online and in newspapers. Please pick up **age appropriate puzzles** as per your child's level of understanding. Ø

#### 8) ENVIRONMENTAL STUDIES

As we celebrate ENVIRONMENTAL DAY on 5<sup>th</sup> June every year, please make your child aware of the importance of the day and help him/her to plant a sapling in own made pot.

## INSTRUCTION TO MAKE POT HOLDER

• Take any plastic bottle, cut it from the centre in a rectangular shape and encourage your child to put soil and plant a sapling.Do motivate him/her to water it everyday. Please motivate your child to **decorate the pot** with colourful papers or glitter tape or in any creative way.



## My Special Day with DAD

"Father's Day: Sunday .18 June 2023"

"My Dad is so special, he is strong and smart, That is why I love him so with all my little heart!! Happy Father's Day!!"



Fun Activity with Dad: - Make Watermelon Popsicles (Chuski)

## Ingredients.

- $\cdot$  1 glass watermelon juice
- $\cdot$  1/2 Lemon juice
- $\cdot$  Sugar powder, (if required)





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### How to make Watermelon Popsicles (Chuski)

- Remove seeds from the watermelon and grind to extract its juice and sieve it.
- Add lemon juice to it and mix well.
- Add sugar powder (if required).
- Mix and pour in kulfi moulds.

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• Freeze for at least 3 hours and it is ready.



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Enjoy the mouthwatering chuski with your Dad, click photo and paste it in your scrapbook. Do send the photograph through whatsapp also.

## WORK TO BE DONE IN SCRAP BOOK

Eat healthy, stay healthy. Plan meal for one day, i.e., breakfast, lunch and dinner. When your child eats, click photographs and paste them nicely in the scrap book with appropriate captions.



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# International Yoga Day (21 June):

Take your child for a Nature Walk and practice few Asanas with them as shown in the following picture:

<u>Tree pose:</u> Stand tall in mountain pose.Shift your weight onto your left foot and raise your right knee.Place the sole of your right knee inside of your left calf.Keep your left leg strong and straight.	
Butterfly pose: Sit on the ground and join soles of the feet and spread knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.	butterfly pose
<u>Cobra pose:</u> Lie down on the yoga mat on your tummy, with hands near chest. Push upwards into a back bend.When back is arched, make a loud hissing noise like a snake.	
<u>Cat pose</u> : Get down on hands and knees. Reach spine towards ceiling as high as possible, so that the back is arched like a cat. Make meow noises.	

## FOLLOW UP ACTIVITIES

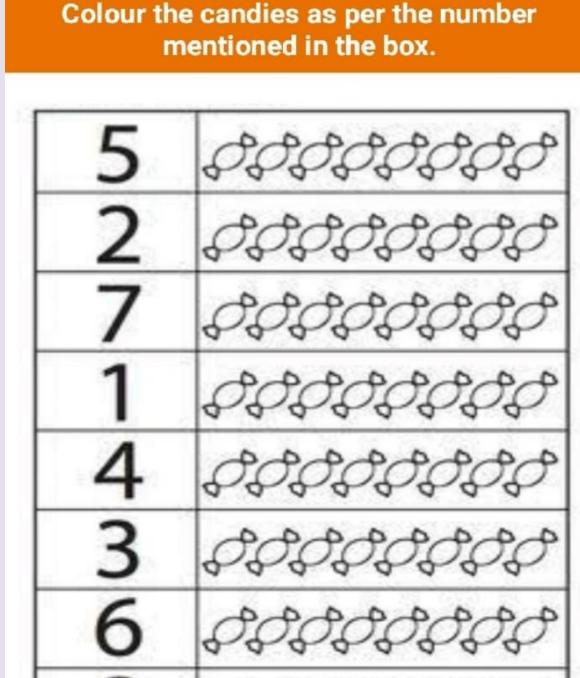
Click pictures of the above activity, **paste it in scrap book and send them through whatsapp also**.

Develop the same good habit of **Yoga Asanas** and **Nature walk** to be followed with your child on weekends.

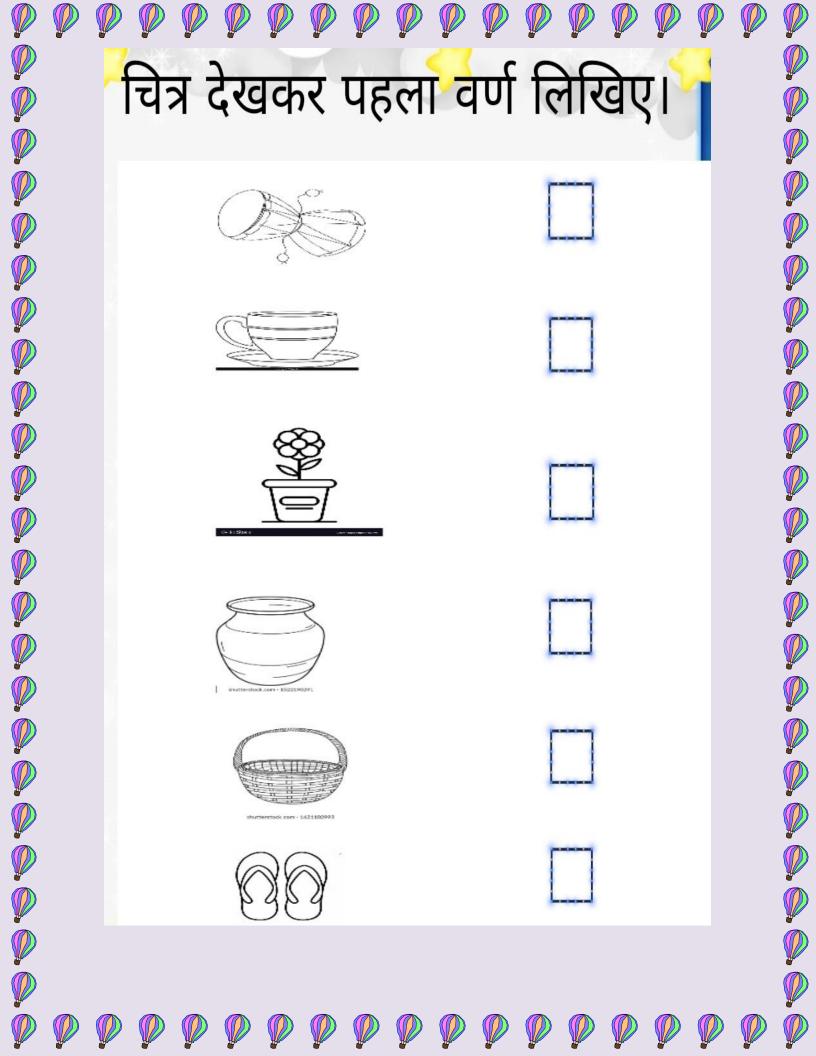
## DO THE ATTACHED WORKSHEETS





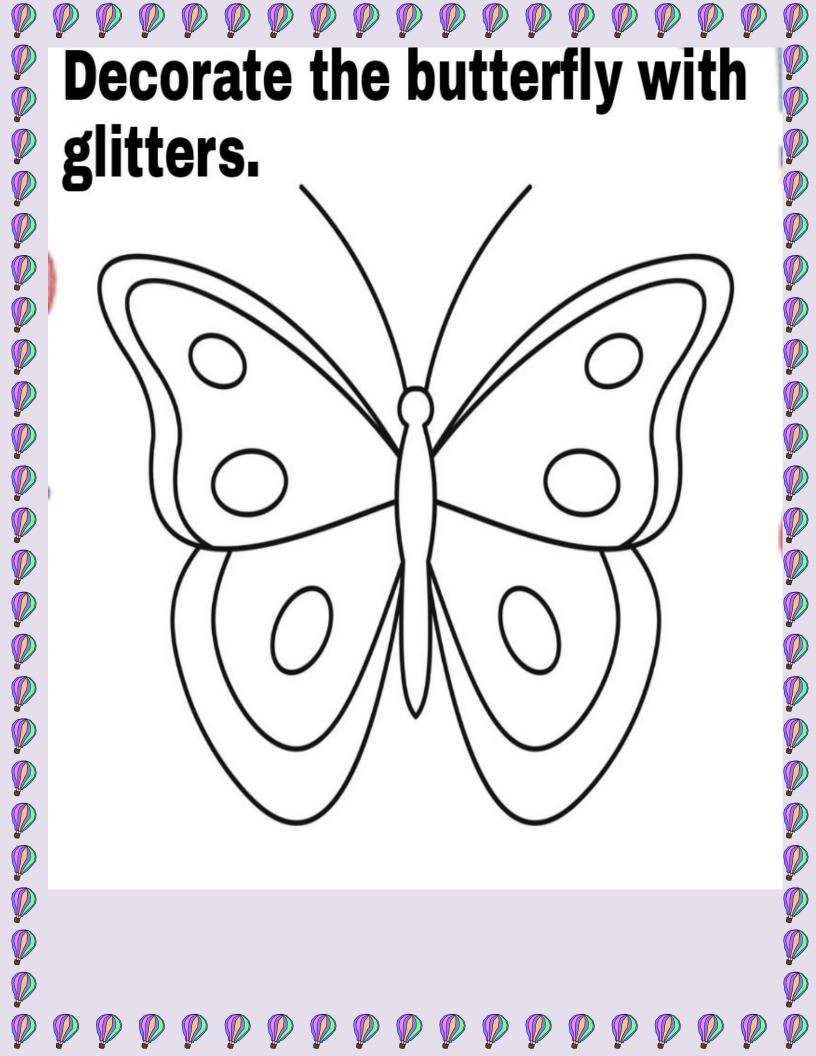


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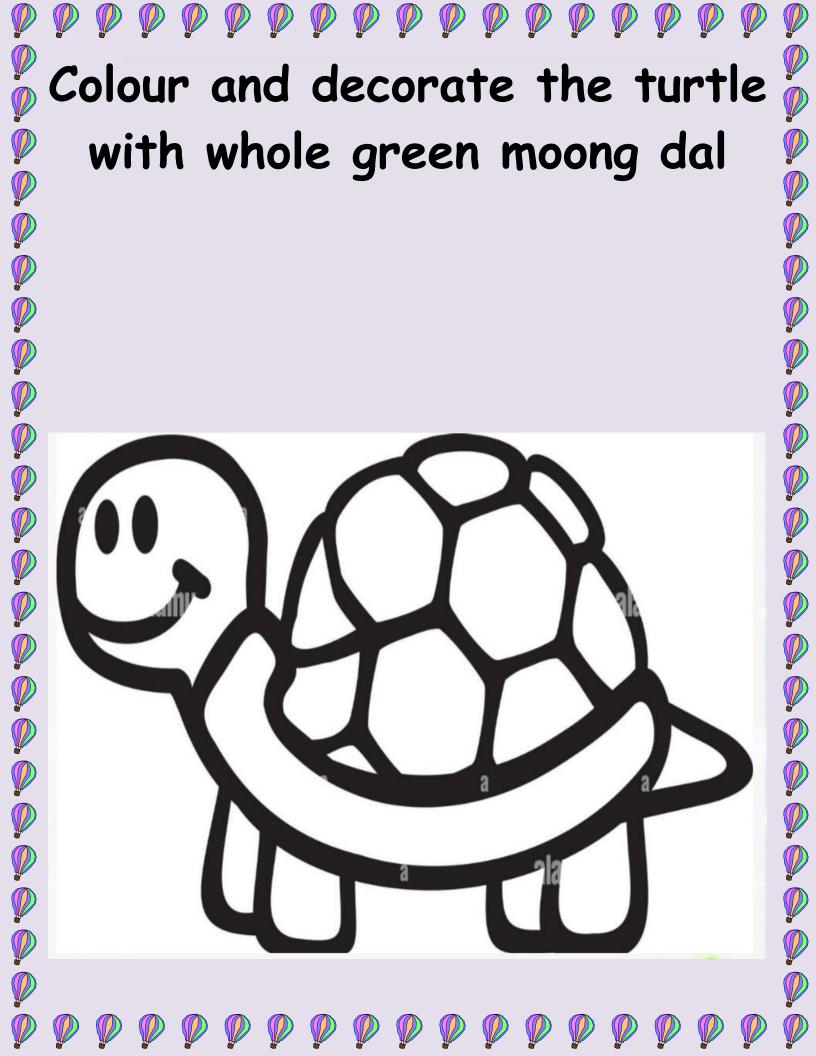


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Solve the puzzle
1. What is in the? 2. I play with
1. Get in the 2. I have a pet
1. Turn on the 2. The is hot!
1. The is fat.













\*Help your child to make an attractive handmade folder with colourful papers and decorate it. Write the name, class and section of your child. Keep all the worksheets in it and submit the same to your class teacher.

\*Do cover your scrap book nicely and decorate it beautifully.

## POSTER MAKING

Make a poster (Use A3 sheet) of one animal and one bird out of the following : a) Animals - lion, tiger, bear, cheetah, cow, rabbit, sheep, elephant, (any one) b) Birds- peacock, ostrich, humming bird, parrot, duck, penguin, pigeon, eagle (any one)

## CRAFT WORK

\*Do craft activity using colourful papers to make **any one fruit** and **any one vegetable**. You can take help from the links shared below:

https://www.facebook.com/100079308535397/posts/pfbid02EpRWaLhvEcDxXEJkVnna6g pq4CYPwtMia3Md5C59a5h4RcLvGii1yPbPDGoz3uxel/?mibextid=Nif5oz

https://youtu.be/D4068JzXZYI

